

POSITION DESCRIPTION JOB TITLE: Mental Health Support Worker The Mental Health Support Work involves providing recovery-oriented support to NDIS participants. You will be supporting NDIS participants with empathy, humanity and care. The Mental Health Support Worker's goal is to support the participant with their journey of recovery towards leading a self-sufficient and fulfilling life. Our participants have various support needs, and depending on the participant, your role as a The Mental Health Support **JOB DESCRIPTION:** Worker will involve Supporting to increase recovery skills and personal capacity, including motivation, strengths, resilience, and decision making. The Mental Health Support Worker is also responsible for linking the participant to mainstream or community services (i.e., housing, education, transport, health) as well as broader system of supports. The Mental Health Support Worker's objective is to develop a recovery-enabling relationship to support Participants with their recovery planning. **RISK ASSESSED ROLE** Yes **TYPE OF EMPLOYMENT:** Casual **REPORT TO:** Director **LOCATION:** Melbourne • Supporting to increase recovery skills and personal capacity, including motivation, strengths, resilience, and decision making. Support Participants with their recovery planning Engage with clients to develop trusting and professional **MAIN DUTIES /** relationships that support clients to reach their recovery **RESPONSIBILITIES:** goals • Utilising a Recovery Framework, work collaboratively with clients, carers, family and other supports to identify their needs, set goals and develop a plan to meet those goals and regularly review progress towards their identified goals



- Work equitably with participants with respect for each individual's right to dignity, privacy, independence and respect.
- Support participants in facilitating their own recovery from mental illness by enabling empowerment and choice and the promotion of personal resilience and social inclusion.
- Assist participants to identify personal goals and develop an individual program plan outlining strategies to achieve these goals.
- Providing personal care support (such as personal hygiene showering and toileting.)
- Assist with daily living skills, including meal preparation and planning, laundry, basic household cleaning and administer medication.
- Deliver the Mental Health Program within both a group and individual format.
- Liaise with carers, families and significant others involved in providing care, including specialist and generic agencies.
- Write clear, concise and accurate case notes in a timely manner and according to best practice professional standards.
- Develop and implement supports in response to the impact of COVID-19 on people's mental health and wellbeing.
- Additional duties as requested by Manager and/or Director.

QUALIFICATIONS/ REQUIREMENTS:

- Minimum Certificate IV in Mental Health / bachelor's degree in social work or Psychology.
- Full Australian Driver's License.
- Current Working with Children's Check or willing to apply.
- Current valid First Aid and CPR Certificate or willing to apply.
- Current National Police Check / NDIS Worker Screening Check or willing to apply.
- Commitment to providing exceptional support, aligning with our company values and excellent communication skills.
- Full rights to work in Australia.

EXPERIENCE:

• Minimum 1 years' experience in the mental health sector or related field.

